# Digital Companions

**Bringing together college students and older adults in our community**

## Time Commitment

- 1 hour volunteer orientation session
- 1-2 hours per week
- 6 weeks starting in October

## Location

- Near MSU campus
- Weekly sessions take place in a group setting

## Contact

- To volunteer, email **digitalcompanions@msu.edu** for more information

## - STUDENTS -

Volunteer to be a Digital Companion

Use your skills to coach older adults on smartphone basics, privacy and security issues, telehealth resources and more

Gain valuable leadership, community engagement and networking experience

Virtual Connections
School of Social Work
MICHIGAN STATE UNIVERSITY

College of Osteopathic Medicine
MICHIGAN STATE UNIVERSITY

AgeAlive
– FOR LIFELONG WELL-BEING –
MICHIGAN STATE UNIVERSITY

Generations Connect
CAMPUS-COMMUNITY FRIENDSHIPS
MICHIGAN STATE UNIVERSITY

AARP®

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