

AGENCY RESOURCE TABLES

AARP Michigan

Rich Howard, Associate State
Director for Outreach
123 W. Allegan St., Ste. 500
Lansing, MI 48933
Phone: 616-240-3299
Email: rhoward@aarp.org
Website: <https://states.aarp.org/michigan/>
AARP exists to advocate for the 55+ demographic so they can age the way in which they want to age.

Capital Area Housing Partnership

Emma Henry, Executive Director
600 W. Maple St., Suite D
Lansing, MI 48906
Office: 517-332-4663
Email: emma@capitalareahousing.org
Website: <https://www.capitalareahousing.org/>
CAHP supports strong and diverse neighborhoods through affordable housing, homeownership opportunities, and financial stability. Specifically related to older adults, we provide aging-in-place improvements, home rehabilitation projects, and financial education courses.

Carol L. Monson, DO, PC

Carol Monson, D.O., M.S., Author
6348 Timber View Dr.
East Lansing, MI 48823
Phone: 517-281-0958
Email: monsonc@msu.edu
Website: <https://agingoptimally.org/>
Our mission is to serve as a community focal point for senior citizens and their families in an atmosphere of respect, trust, empowerment and support. To help people of all ages to learn to age optimally and become the best they can be despite their medical and social conditions.

City of East Lansing

Emily Hanson
Program Manager, City of East Lansing Prime Time
819 Abbot Rd.
East Lansing, MI 48823
Phone: 517-319-6564
Email: ehanson@cityofeastlansing.com
Website: <https://www.cityofeastlansing.com/823/Seniors-Program-Prime-Time>
The Action Plan draft update focuses on advocating for policies that promote accessible, affordable, and safe housing for older adults, helping them live and thrive in their communities. Similarly, the city's comprehensive plan update aims to create inclusive, age-friendly environments that enhance quality of life by improving housing options, transportation, and public services.

East Lansing Prime Time Senior Programs

Alesha Williams, Director of Senior Programs
819 Abbot Rd.
East Lansing, MI 48823
Phone: 517-319-6975
Email: awilliams@cityofeastlansing.com
Website: <https://www.cityofeastlansing.com/823/Seniors-Program-Prime-Time>
Prime Time Senior Programs are dedicated to providing seniors 55+ opportunities in the Eight Dimensions of Wellness. The program strives to be a resource to find area opportunities that may be needed by seniors, including housing/environment.

Disability Network Capital Area

Brianna Ryder, Program Manager of Community Development & Core Services
901 E. Mt. Hope Ave.
Lansing, MI 48910
Phone: 517-999-2760
Preferred: 517-999-7518
Email: bmilam@dncap.org
Website: <https://www.dncap.org/>
Disability Network works to break barriers for individuals with disabilities to provide a more inclusive world. We provide support and resources navigating housing options and skills needed to maintain a home.

Home Management Company, LLC

Sam Tucker, Owner
Phone: 517-337-0005
Email: HMCOnline@gmail.com
HMC is dedicated to independent living by providing home accessibility modifications.

IMPART Alliance

Michelle Twichell, Educational Program Coordinator
909 Wilson Road, Ste B205B
West Fee Hall
East Lansing, MI 48824
Email: twichell@msu.edu
Website: <https://impartalliance.msu.edu/>
IMPART Alliance is dedicated to transforming Michigan's direct care workforce to meet the growing needs of our communities.

MSU AGEALIVE RESEARCH FORUM
APRIL 3, 2025



*Diverse Living Environments
for Aging Well: Exploring
Options and Solutions*

AGENCY RESOURCE TABLES - CONTINUED

MSU AgeAlive

Lisa Richey, Director

Email: richeyli@msu.edu

Website: www.agealive.org

MSU AgeAlive's mission is to position MSU as a premier leader in the field of aging by serving as the university's hub for advancing, connecting, and leveraging aging-related research, education, and community engagement

**MSU Center for Community
and Economic Development**

Courtney Luong and/or Mary ZumBrunnen, AmeriCorps*
VISTA Members

1615 E Michigan Ave
Lansing, MI 48912

Office: 517-353-9555

Email: luongcou@msu.edu

Website: <https://ced.msu.edu/>

The mission of the Center for Community & Economic Development at Michigan State University is to create, apply and disseminate valued knowledge through responsive engagement, strategic partnerships and collaborative learning. We are dedicated to co-creating sustainable prosperity and equitable economies with communities. As a part of this, the CCED's National Service AmeriCorps* Volunteer in Service to America project is focused on vulnerable elders and building quality of life and well-being in Ingham County. Through this, we aim to improve the built environment to extend longevity and quality of life. Our plan is to research and create ecosystem maps to identify any gaps and barriers within specific zip codes, which will allow our community partners to publicly use this information for their organization's plans. Additionally, we'd like to develop a focus group of this senior population and also invite them to our community working group advisory board.

Spartan Dementia Care Support Lab

Huiyu Yang, Coordinator

804 Service Road

East Lansing, MI 48820

Office: 517-225-3878

Email: yanghuiy@msu.edu

Health education for caregivers of dementia patients to support them have better mental health and life quality.

Tri-County Office on Aging

Kayla Nichols, Volunteer and Media Specialist

5303 S. Cedar St

Lansing, MI 48911

Office: 517-887-1440

Website: <https://www.tcoa.org/>

TCOA exists to meet the needs of the local aging community, caregivers, and persons with disabilities. TCOA connects people to resources, services, and programs that help to keep them safe, healthy, and living actively in their own homes and communities.

MICHIGAN STATE
UNIVERSITY

College of Osteopathic Medicine

NOTES
