



2022 Forum Agency Resource Tables with Volunteer Opportunities

Helping Others Making A Difference **Mentoring**
Connection **SOCIAL INTERACTION** Purpose
Wellness Lifelong Learning
Community Engagement **Networking**



1. AARP
2. Active Living for All
3. Big Brothers Big Sisters Michigan Capital Region
4. Capital Area United Way of South Central Michigan
5. CVIP - Community Volunteers for International Programs
6. The Davies Project
7. East Lansing Prime Time Senior Program
8. Impression 5 Science Center
9. Kids Repair Program
10. Lansing Symphony Orchestra
11. MSU AgeAlive
12. IMPART Alliance
13. MSU Retirees Association
14. Tri-County Office on Aging

Agency - Mission - Volunteer Opportunities - Contacts

AARP

<https://www.aarp.org/>

Mission: "Enhancing the quality of life for all as we age."

Volunteer Opportunities: Wide variety of options, planning events, presentations, office work, staffing info tables, advocacy, etc.

Karen Kafantaris: kkafantaris@aarp.org / (517) 267-8916

Active Living for All (ALFA)

<https://activelivingforall.org/>

Mission: "To create an inclusive and vibrant community, where people of differing ages and abilities and their families are valued and supported."

Volunteer Opportunities: Program Assistants and One-to-One Volunteers help seniors, adults, and veterans with disabilities, by working with staff and offering reassurance and companionship. They may work in groups or one-to-one in activities such as musical instruments, singing, storytelling, crafts, games, gardening, and exercises.

Alison Sarkozy: operations@activelivingforall.org / (517) 372-6671

Big Brother Big Sisters Michigan Capital Region

<https://www.bbbsmcr.org>

Mission: "To create and support one-to-one mentoring relationships that ignite the power and promise of youth."

Volunteer Opportunities: Adult mentoring for youth 2-4 times per month over the course of one year.

Michelle Gordon, Program Dir.:

michelle.gordon-releford@bbbsmcr.org / (517) 449-0742

Capital Area United Way of South Central Michigan

www.MICAUW.org

Mission: "Uniting people and resources to solve defined problems and improve the quality of life for individuals and families in our communities."

Volunteer Opportunities: We host the GetConnected Volunteer Portal for nonprofit agencies in the Tri-County area. It is a platform where agencies can post their current volunteer opportunities and where community volunteers can easily register to view the needs in their community and sign up to volunteer.

Robin Ross: r.ross@MICAUW.org / (517) 203-5033

CVIP - Community Volunteers for International Programs at MSU

<https://cvip.isp.msu.edu/>

Mission: "To increase mutual cross-cultural understanding and good will between international students, visiting scholars, and their families and the greater Lansing community."

Volunteer Opportunities: Become conversation partners with international students and scholars one hour per week. Join the International friendship program and invite a student into your home once per month, assist with Global Festival, or drive students to speaking engagements in the Lansing area.

Mary Hennessy: maryhenn770@gmail.com / (517) 353-1735

More Opportunities –

The Davies Project

<https://thedaviesproject.org/>

Mission: “To connect families to resources and community by providing reliable transportation for seriously ill children and pregnant women to essential healthcare.”

Volunteer Opportunities: Volunteer drivers and on-call drivers provide rides to medical appointments for children with a serious health condition, pregnant women, and for parents with a baby in the NICU if no car is available. Volunteers are also used in the office, and for events and special activities.

Beth Young: Beth@TheDaviesproject.org
(517) 515-5122 or (517) 582-3145

East Lansing Prime Time Senior Program

<https://www.cityofeastlansing.com/823/Seniors-Program-Prime-Time>

Mission: “To serve as a community focal point for senior citizens and their families in an atmosphere of respect, trust, empowerment and support.”

Volunteer Opportunities: Class instructors/facilitators, help with basic technology questions, sewers, and bag assemblers for “Helping Women Period”.

Lisa Richey: lrickey@cityofeastlansing.com /
Kelly Arndt: karndt@cityofeastlansing.com
(517) 337-1113

Impression 5 Science Center

<https://impression5.org/>

Mission: “Play, create, challenge. We are a hands-on science center, and we provide a place for families and communities to explore STEM education.”

Volunteer Opportunities: We utilize volunteers on our special event days, to direct families and to help with hands-on activities.

Debbie Kuhl: volunteer@impression5.org /
(517) 485-8116 ext. 140

Kids (Bike) Repair Program

<https://kidsrepairprogram.com/>

Mission: We teach bike repair, safety on roads, good nutrition, and healthy overall lifestyle. A 20-hour program and when finished youth receive the bike they learned on, new lock and helmet. Summer “Bike Camp”, is held Monday - Friday.

Volunteer Opportunities: Help to refurbish and “part out” donated bikes, pick up donated bikes with the KRP van, take bikes to scrap metal locations, help youth with bike instruction classes, help repair bikes.

Jeanne Wright: wrih531@yahoo.com / (517) 755-4174

Thoughts to Consider...

- *What inspires you?*
- *What do you like to do?*
- *What skills can you offer?*

Lansing Symphony Orchestra*

<https://www.lansingsymphony.org/>

Mission: The Lansing Symphony Orchestra’s mission is “to enrich lives through excellence in music and educational outreach. The Lansing Symphony Orchestra was formed in 1929, according to the LSO website. Lansing Symphony’s education programs.”

Volunteer Opportunities: General Office Support (filing, mailings and answering phones). Concert/Program Assistance (ushers and general assistance for our Chamber, Family Concerts, and other special programs). Public Relations/Marketing (distribute posters and brochures throughout the Lansing area). Lansing Town Hall (plan and implement a Celebrity Lecture Series that has provided support for the Symphony’s annual operations since 1953). Lansing Town Hall (choose speakers, plan the luncheons, market the series, and serve as host at the lecture and luncheons). Pro Symphony/Women’s Group (refreshments for orchestra members at dress rehearsals and for Chamber Concert attendees). Fundraising (help with the May Geranium and December Poinsettia Sales).

Courtney Millbrook: courtney@lansingsymphony.org

*Unable to attend.

MSU AgeAlive

<https://www.agealive.org/>

Mission: “To elevate Michigan State University’s stature as a leader in the field of Aging.”

Volunteer Opportunities: Public relations, marketing, graphic design, education on services related to aging, special event support, etc.

Shannon Harkins-Padgitt: harkins@msu.edu / (517) 303-9651

MSU IMPART Alliance

<http://www.impartalliance.org/>

Mission: “Dedicated to helping develop an infrastructure in Michigan that can successfully build and support a sufficient, competent direct care workforce through training and advocacy.”

Volunteer Opportunities: Public relations, marketing, graphic design, education on direct care worker advocacy, special event support, etc.

Shannon Harkins-Padgitt: harkins@msu.edu / (517) 303-9651

MSU Retirees Association

<https://retirees.msu.edu/>

Mission: “To advocate for MSU retirees, provide a liaison between retirees and University Administration, facilitate involvement with the university and community.”

Volunteer Opportunities: Notify retirees of Community and University volunteer opportunities.

Rick Vogt: vogtrick@comcast.net / (517) 353-7896

Tri-County Office on Aging- <https://www.tcoa.org/>

Mission: “To promote and preserve the independence and dignity of the aging population.”

Volunteer Opportunities: Meals on Wheels delivery drivers, congregate dining site volunteers, Evidence-Based Program Counselors, Medicare/Medicaid Assistance Program Counseling, Friendly Reassurance phone call volunteers, Friends for Independence fundraising committee volunteers.

Casey Cooper: cooperc@tcoa.org / (517) 887-1377